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Lal Bar / De Levante Selsey

Spanish and Turkish cusine, a Mediterranean medley of Tapas and Mezes dishes. Soakup the sun in our large secret garden whilst enjoying some signature / classic Cocktails, Beers and Wines from the Med.

tel: 01243 696360 www.lalbar.co.uk lalbarselsey@outlook.com 3 Hillfield Road, Selsey, West Sussex



Mai Thai Selsey

Authentic Thai Cuisine. Enjoy traditional Thai curries, stir fry's, noodle dishes just to name a few.

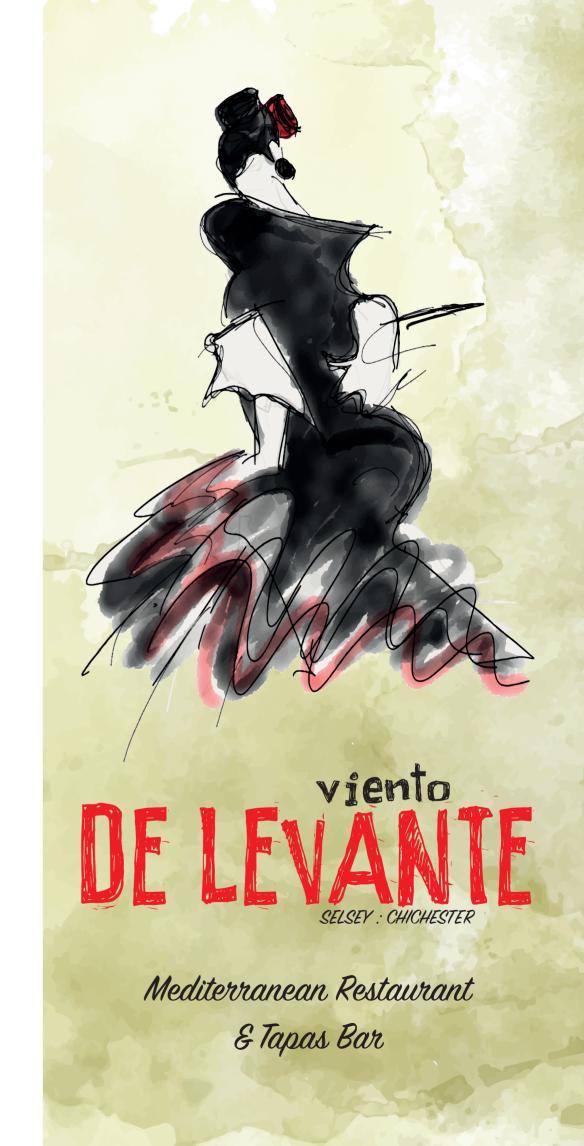
tel: 01243 63906 info@maithai75.com 75 High Street, Selsey, West Sussex



Deliveroo Service Available

tel: 01243 788700 www.delevanterestaurants.co.uk tapaschi@outlook.com 24 St Pancras, Chichester, West Sussex

V - Vegetarian | VV - Vegan | GF - Gluten Free | DF - Dairy Free
 D - Dairy | N - Nuts | E - Eggs | W - Wheat | S - Sesame Seeds
 Mild Spicy | M - Spicy



Tapas

While tapas are traditionally a single mouthful (or maybe three) our portions are slightly larger. We suggest 3-4 dishes per person but this is not a hard and fast rule. The best way to enjoy tapas is for everyone in your group to pick dishes that they like and for everyone to share and try the different dishes. Our tapas selection includes meat, fish and vegetarian dishes, so there is something for every taste. If you are a group of 4 or more ask staff about our tapas banquet.

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Vegetarian	
1. PAN CON AJO ** Garlic bread. (D)	£ 3.75
2. PAN CON AJO Y QUESO ** Garlic bread with cheese. (D)	£ 4.50
3. HUMMUS vv Crushed chick peas blended with tahini, lemon juice and ga served with ciabatta bread. (WF on request)	£ 5.25 rlic
4. DOLMA v v, GF Stuffed vine leaves with rice and pine kernels. (N)	£ 5.25
5. PIMIENTOS RELLENOS GF Oven baked sweet red peppers stuffed with spinach, in a cresauce topped with cheese. (D)	£ 6.95 eamy
6. CHAMPINONES AL AJILLO v v, GF Mushrooms cooked in white wine with garlic and mixed her	£5.50 rbs.
7. PATATAS ALI-OLI GF Deep fried cubes of potato topped with homemade garlic mayonnaise. (D, E)	£ 4.95
8. PATATAS BRAVAS ** vv, gF Deep fried cubes of potato topped with a homemade spicy sauce.	£ 4.95 tomato
9. PIMIENTOS VERDES A LO TURCO ** vv, gf Deep fried spicy green Turkish peppers, sprinkled with sea s	£ 4.95 alt.
10. ESPINACAS DULCES GF Baby spinach cooked in olive oil with onion, sultanas and fir with cream cheese. (D)	£ 5.95 nished
11. BERENJENAS FRITAS ** Deep fried sliced flour coated aubergines, drizzled with hon	£ 4.95 ey. (w)
12. TORTILLA ESPANOLA GF Omelette with onion and potatoes. (E)	£ 5.95
13. ZAZIKI (CACIK) Greek style yogurt specially prepared with chopped cucuml mint, olive oil and a hint of garlic. Served with ciabatta bread	

14. JUDIAS VERDES CON CHILI * VV. GF

peppers and chillies. ***

Broad beans cooked in tomato purée with olive oil, onion, mixed

Meat & Chicken

15. ALBONDIGAS DE POLLO Chicken meatballs in a rich creamy tomato sauce with chi and an oven baked crispy cheese topping. (W, D, DF on requirements)	•
16. EMPANADO DE POLLO Deep fried chicken fillet coated in bread crumbs, topped sauce. (D , W , E)	£ 5.95 with ali-oli
17. ALITAS DE POLLO 🏶 GF	£ 5.95

Chicken wings marinated in house special sauce and cooked on a char grill, served with salad garnish.

18. POLLO AL AJILLO 💸 £ 6.95 Cubes of chicken breast cooked with garlic in a corn floured white

wine sauce.

£ 5.25

19. POLLO PICANTE £ 6.45 Deep fried flour coated spicy chicken strips with ali-oli. (D, W)

20. POLLO CLIVE **GF** £ 6.95 Cubes of chicken breast cooked in a homemade sweet chilli tomato sauce with coriander.

21. POLLO A LA CREMA GF £ 6.95 Chicken breast cooked in a creamy sauce with mushrooms. (D)

22. ALBONDIGAS CON TOMATE GF £ 6.95 Lamb meatballs in a rich tomato sauce and sprinkled with cheese. (D)

23. SALTEADO DE CORDERO GF £ 6.95 Cubes of lamb sautéed in a spicy tomato sauce with peppers and onions. 🌽

24. POLLO MARBELLA £ 6.45 Pan fried chicken, chorizo, onion and peppers cooked in a creamy paprika sauce. (D)

25. SUCUKLU YUMURTA £ 5.95 Turkish beef sausages cooked with eggs and onions. (E)

26. LOMO DE CERDO A LA PLANCHA 💸 £ 5.95 Marinated char grilled pork loin cooked in vegetable stock with sun dried tomatoes. Served with salad garnish.

27. MADELLONES DE CERDO CON PIMIENTOS GF £ 5.95 Sliced pork fillets cooked in a sweet chilli tomato sauce with sweet red peppers. 🌽

28. CHORIZO AL VINO 🏶 £ 6.95 Spanish sausages sautéed with onion in a white wine sauce. (D)

29. FABADA ASTURIANA £ 6.95 Spanish bean stew with chorizo and black pudding, pancetta, paprika and garlic (D)

Fish & Seafood

30. SARDINAS FRITAS Deep fried sardines served with salad garnish.	£ 5.95
31. MEJILLONES PICANTES GF Fresh mussels slowly cooked in a spicy bravas sauce with wine, garlic and cream. (D, DF on request)	£ 8.95 white
32. GAMBAS "DE LEVANTE" GF Peeled king prawns baked in a touch of garlic with a crear turmeric sauce. (D)	£ 6.95 my
33. GAMBAS AL AJILLO ** King prawns cooked with shell on in a white wine and gar with a hint of chilli and parsley. *	£ 7.95 lic sauce
34. LANGOSTINOS AL PIL PIL GF Peeled king prawns cooked in olive oil, white wine, garlic, parsley and lime.	£ 6.95 chilli,
35. CHANQUETES FRITOS ** Deep fried flour coated whitebait. (w)	£ 5.95

beep med nour coated enspy calaman migs. (w)	
Sides	
PAN Y ACEITE Ciabatta bread and olive oil. v v	£ 3.95
ARROZ Rice v v, GF	£ 3.95
PATATAS Potatoes v v, GF	£ 3.45
ENSALADA MIXTA Mixed salad v v, GF	£ 5.25
ACEITUNAS ALIÑADAS Marinated mixed olives. V V, GF	£ 3.45
PAN Ciabatta bread. v v	£ 1.95
ALI-OLI D,E OR SALSA BRAVA V V, GF	£ 1.95

£ 6.95

36. CALAMARES FRITOS

Deep fried flour coated crispy calamari rings. (W)

v - Vegetarian | vv - Vegan | GF - Gluten Free | DF - Dairy Free D - Dairy | N - Nuts | E - Eggs | W - Wheat | S - Sesame Seeds

* - Tapas Banquet: £22.95pp with a minimum of 4 people. This is a set selection of different tapas from the vegetarian, meat & chicken and fish sections on the menu clearly marked with a green flower next to the name.

10% Service charge will be added to the bill for parties of 10 or over, but otherwise is optional.